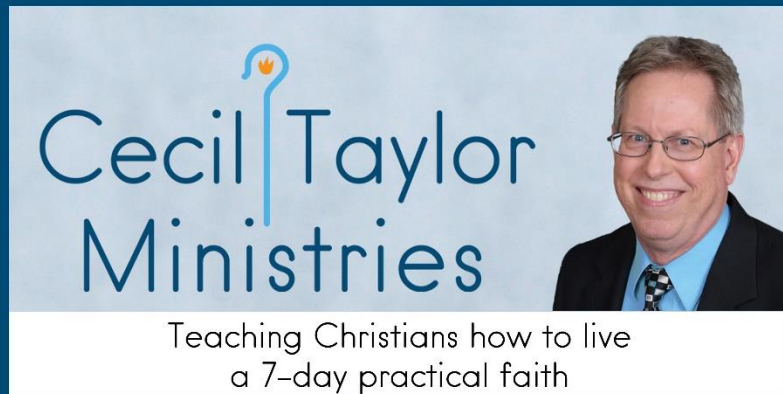


Free Instant Content

## Live the Life that is Given

- Video
- Leader Guide
- Message Guide



Instant Content and Speaker Services for churches

# Leader Guide Live the Life that is Given

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## Preparation

1. Decide how to watch the video in class. There are three ways to watch the video.
  - Streaming – Recommended when you control the Internet access, such as at home, or when you expect light competing traffic on the WiFi.
  - Download – Recommended when you do not have control of Internet access and have more competing traffic on the WiFi.
  - DVD – Recommended when you have a DVD player and have a good setup to connect to a monitor.
2. Prepare the video.
  - Streaming – Visit <https://www.CecilTaylorMinistries.com/resources-live-the-life-given> and access the video via the video player underneath “Streaming Version.”
  - Download – Visit <https://www.CecilTaylorMinistries.com/resources-live-the-life-given> and download the zip file underneath “Download Version.”
  - DVD – The DVD should have been given to you or has been ordered and is on the way. If the DVD has not been ordered, please contact [Cecil@CecilTaylorMinistries.com](mailto:Cecil@CecilTaylorMinistries.com).
3. Watch the video. Here is a synopsis:

- The video starts with the story of Claire\*, a 13-year-old Cystic Fibrosis victim, who wrote in her diary the marvelous phrase, “I will live the life that is given.”
- To put context to Claire’s approach and map it into grieving principles, Cecil shares an overview of “The Next Thing,” the book and video series that include Claire’s story. The grieving principles, which are related to the acceptance phase of grief, are:
  - Accept the loss realistically by being honest about the new reality.
  - Accept the loss directly, without ignoring or avoiding it.
  - Accept the loss responsibly through attitudes and actions.
- Cecil reminisces about an individual who epitomized to him “Live the Life that is Given.”
- The first scripture reference is **1 Thessalonians 5: 16-18**, emphasizing that it is God’s will that we rejoice, pray, and give thanks, regardless of the life we are given. This is one of the main points of the video, that God essentially wills for us to live the life we are given.
- The video pivots to talking about how people with abundance and prosperity of health, wealth, time, and options are also tasked to living the life they are given and sharing out of that abundance.
- The video finishes by tying together the ideas of living confidently through poverty and prosperity, using **Philippians 4: 11-13**.

\* Not her real name

4. Prepare for discussion by reviewing the questions below.

## Class Time

### Step 1. Introduction

Let the class know that you’re studying today a one-week lesson that shares an inspirational message of how we are to approach life in all circumstances.

### Step 2. Watch the video (8 minutes)

### Step 3. Discussion (Target Time: 25-35 minutes)

**MAIN DISCUSSION GOALS:** The group should emerge, being able to apply “Live the Life that is Given” in their own lives. Key questions toward this end are #1, #2, and #3. Use as many of the six questions as time and interest permit.

**Questions:**

1. In the video, we heard a couple of examples of people who have lived the life that is given. Can you think of people you know that exemplify this philosophy?
2. 1 Thessalonians 5: 16-18 reads: **Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.** How does this passage speak to you regarding living the life that is given when you are in crisis or when you are in a place of poverty of health, wealth, time, or options?
3. Cecil suggested that "Live the Life that is Given" also applies to times when we are prosperous with advantages. What do you see as your responsibility for living the life that is given in such times?
4. Where are you now? In a place of poverty, a place of prosperity, or in some mix of the two?
5. Philippians 4: 11-13 reads: **I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.** How does it inspire you that the Apostle Paul experienced so much in his life and is able to have confidence in Christ's strength to help him in any circumstance?
6. What other thoughts do you have about the phrase "Live the Life that is Given" and this lesson?

## Follow-up

After using this material, please consider Cecil Taylor Ministries for future lessons on developing practical faith. The following links may be useful:

- <https://www.CecilTaylorMinistries.com> – Home page that is the launch point for finding more information and for signing up for a free monthly newsletter containing tips for group members and updates on the ministry.

- <https://www.CecilTaylorMinistries.com/free-content> - Offers links to free monthly podcasts, regular blogs, and more resources designed to help Christians live a 7-day practical faith.
- <https://www.CecilTaylorMinistries.com/lessons> - Learn here about all the options for lesson content currently available from Cecil Taylor Ministries.
- <https://www.CecilTaylorMinistries.com/for-church-organizers> - Learn here about options to help your church, such as speaker services and retreat services.